

Theory of Change

Girls in Action




Personal development for
11 – 16 year old girls in Hackney

Interventions

1. 121 mentoring
2. Team-building activities
3. Residential and trips
4. Workshops (personal safety, sexual health, relationships)
5. Enterprise project
6. Promotional Video project
7. Playmaker Sports Leaders Award

See Girls in Action Intervention model for a detailed description

Outcomes Key

-  Catalyst Outcomes Framework
-  Assumptions
-  Long term outcome

11-16 year old girls have the skills and knowledge to make informed life choices to achieve success and be good role models.

Increased leadership skills

Improved decision-making

Improved understanding of opportunities available to them

Participants will engage in all activities available

Improved self-image

Improved self-esteem and self-efficacy

Increased resilience and determination

Improved social competences

More responsibility and discipline

Raised aspirations

Participants want to learn

5

6

7

Increased trust

More respect for others

Improved relationships

Better teamwork skills

Participants will build good relationships with each other and with youth workers

1

2

3

4

Girls aged 12-16 attend Springfield Youth Club